

## Simple Tie Mask

(adapted by Lynne Morrison from a pattern posted online by  
Zelda Pickenmeier)

1. Cut a 9" x 15" rectangle of 100% cotton fabric. If you are using the same fabric for both sides of the mask, it is helpful to draw a heart or other mark with a Sharpie marker on one corner of the fabric before you begin to sew. Make sure the mark is at least 1" from all edges of the fabric so it will not get covered up as the mask is constructed. This will allow the wearer to know which side is the inside of the mask.
  - *Option for making mask using two different fabrics:* Cut one rectangle of each of two different fabrics, each measuring 9" x 7 3/4". Place the rectangles with right sides together and sew together along one of the 9" sides using a 1/4" seam allowance. Continue with the steps listed below.
2. Fold the rectangle right sides together, matching the 9" sides. Sew together using a 1/4" seam allowance.
3. Turn the fabric right side out, positioning the seam at the bottom, and press. If you are using two different fabrics, you will have seams at both the top and the bottom.
4. Clip the top edge (the one without the seam) to the top of your pleater with the pleats on the cardboard facing down. Fold the fabric first into the top pleat, then into the second and third pleats, clipping as you go along if necessary. If you don't have a pleater, you can estimate 3 pleats, each 1/2" deep. Press the pleats.
5. Keeping the mask on the pleater, sew the pleats down on both sides using 1/8" seam allowance. You don't have to sew the whole length of the side of the mask, just over the pleats.
6. Remove the pleater and press the pleats again.
7. Cut two 38" pieces of 1/2" double fold bias tape for the straps.
8. Find the center of one of the strap pieces and line it up with the center of one of the pleated sides of the mask. Open up the folds in the bias tape and line one of the long edges of the bias tape up with the raw edge of the pleated side of the mask. Sew the bias tape to the mask along the crease in the bias tape closest to the raw edge.
9. Flip the bias tape over to the other side of the mask so that it covers the raw edge of the pleated side of the mask. Clip or pin in place if desired. The bias tape should just cover the seam you just sewed.
10. To form the straps, you need to sew the long edges of the bias tape together, stitching about 1/8" from the edge. Keeping the seam you just sewed on the bottom, start sewing from the top of the strap. When you get to where the strap joins the mask, continue sewing on the bias tape close to where it meets the mask. Continue sewing past the end of the mask to the bottom of the bias tape. Backstitch at the beginning and end of this seam.
11. Repeat steps 9 and 10 to sew the second strap.

