



Join the 40-Day Challenge for the Earth!

Please join the Green Sanctuary team and commit today to one small action during the next 40 days that will help reduce your personal (or family's) carbon footprint. We will celebrate these changes on Green Sanctuary Sunday, May 5.

It can be something small you do every day, like:

- turning off the lights when you leave the room
- taking your own water bottle
- using reusable mugs for coffee
- composting kitchen scraps
- turning down the temperature
- giving up meat for 40 days
- riding a bike, walking, or carpooling
- turning off the water when you brush your teeth

Or it can be something major that you've been putting off like:

- scheduling an energy audit
- changing light bulbs
- insulating the house

Write your name and challenge below and bring it to coffee hour for posting OR send to Molly at farringtonfamily1@verizon.net for our new website page.

For the next 40 days I challenge myself to:

challenge_____

name_____